## Restoration of Health: The Naturopathic Model

Learn more at Black Bear Naturopathic Clinic <a href="http://www.blackbearnaturopaths.com">http://www.blackbearnaturopaths.com</a>

Optimal Health

Normal Health

 $\downarrow \uparrow \uparrow$ 

Disturbance  $\Rightarrow$  Irritation

 $\Rightarrow$  Discharge

 $\downarrow \uparrow \uparrow$ 

Disturbance of Function

Bacteria, Stress, ...



Common Cold Reaction Process of Healing

Inflammation, fever, pain, swelling, heat, redness



Chronic Disturbance  $\Rightarrow\Rightarrow$  Chronic Reaction  $\Leftarrow\Leftarrow$  When the reaction process is stopped



Degeneration

Ulceration, tumor, scars, atrophy

Naturopathic doctors don't diagnose disease, they understand the process.

Naturopathic doctors don't treat disease, we restore health.